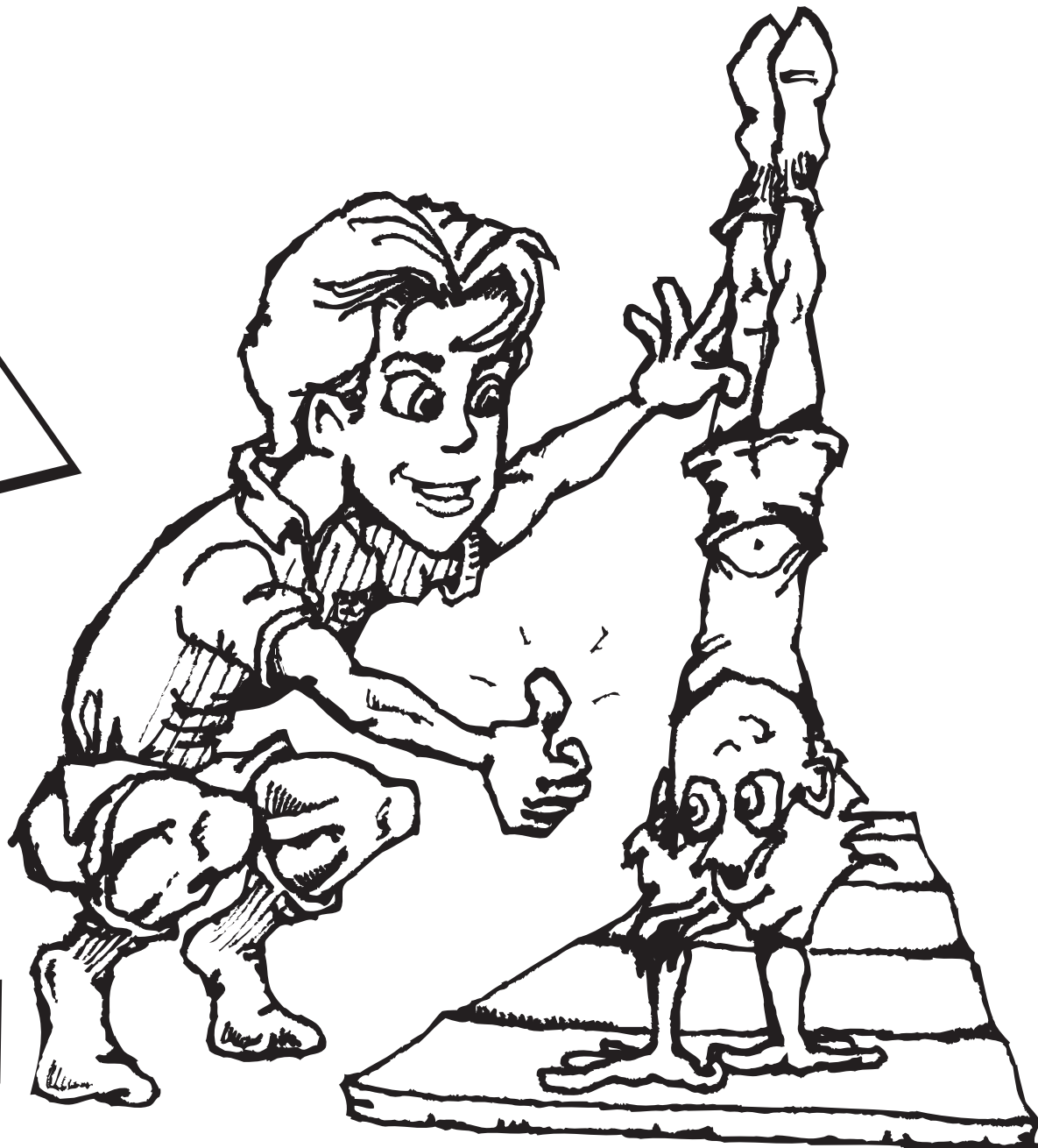


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## BE SUPERVISED!

- Never do gymnastics without supervision!
- Unsupervised gym is never acceptable!
- Listen carefully to instructions
- Always question instructions you don't understand.
- No goofing around during gymnastics for yourself or others



USA GYMNASTICS.

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**USAGymClub.com** – A resource for parents