

ALL-STAR PROGRAM



LEVEL 1

2022-2023

PARENT REGISTRATION PACKET





STEPS TO REGISTRATION & EVALUATION

Step 1: Read and sign the attached information

Step 2: Submit your forms to:

Email: Amber@calstar.info

Mail: 70 Digital Dr. #3 Novato, CA 94949

In person: Hand in to the office at your next class!

Step 3: Sign-up for a Tumbling 4 Cheer or Flight school class to get ready for cheer. It's fun to meet other athletes who are learning the sport of cheer and get to know our coaching staff before team practices officially begin in August.

Step 4: Register online for Level 1 Excel Cheer (aka as our school year program) and get ready to have some fun!

Step 5: A uniform deposit will be due by Sept. 1st, 2022

What to wear for practice: Please come dressed in comfortable athletic wear, cheer or athletic shoes, hair up and out of your face, and no jewelry! Bring a water bottle.

Bring A Friend!

You'll be spending lots of time with your Cal-Star team this season, why not have your friends on a Cal-Star team? For each new athlete that joins because of you, you receive a \$50 credit toward your tuition!

*Practices are designed to introduce the sport of cheer in a fun environment, whether your child is brand new to cheer or cheering with Cal-Star for the first time! You will meet our staff, other athletes, and get acquainted with our facility. Since everyone makes a team, there is very little stress involved!

*We create teams with competition in mind. Athletes will be placed on teams according to their ability and their age. We consider all aspects of cheerleading and place everyone on specific teams for a reason. Regardless of the team, we are confident that your athlete will shine! *Rosters will not be considered FINAL until the end of August. This will give our staff time to work with each athlete and ensure that he/she is on the team that best fits with his/her abilities, age and goals. *We reserve the right to move participants, combine teams, or split teams during the season if it will benefit the program, the team or the athlete.



REGISTRATION IS OPEN!

Who's Eligible: Everyone is welcome at Cal-Star All-Star! This info packet is for All-Star Prep & Elite Teams that are school year only teams for ages 7-13 yrs old. We have teams for every age and ability level, so no one gets cut!

Other programs: Cal-Star All-Star offers a variety of classes for all ages, abilities and budgets in addition to the competition teams. Please see our website for a listing of other programs.

What we do: Cal- Star All-Star Level 1 is a competition and performance-based program. Our athletes practice twice per week and compete at local competitions. While our program is based on competition, we feel that our organization exists to build self-esteem, confidence, work ethic, leadership, healthy lifestyle habits, and friendships that will last a lifetime.

Level 1 Team: Our coaches do in-house choreography, train level 1 stunting and pyramid skills along with tumbling skills as a fun introduction to performance cheer. We don't cheer for any other sports teams but perform for ourselves and our program.

Cost: All competitive/performance sports are new ventures for the entire family. We understand that it takes a great deal of financial planning to be involved in a program that performs and competes. We do everything possible to ensure a quality program for the lowest cost possible. All of our fees are listed in this packet so you can budget for the entire season. Please see the Fees & Tuition section for more information.



FEES & TUITION

Registration/Tuition/Choreography

New students registration fee: \$40

Monthly Tuition: \$230 (2x days/wk)

Choreography & Music: \$75/per athlete (due in September)

Uniforms

Level 1: \$150 approx. includes competition top, shorts, bow and bag. Shoes purchased separately

in August. We will send a shoe order form with your child first week of practice. Shoes are approx. \$55

Competitions

Each competition averages \$80 for one day and billed approx. 60 days before competitions. Refunds are not available for any reason.

CREDITS & REFERRALS

Referral Credits – You earn a \$50 statement credit whenever you refer anyone to our program, and they sign up for a cheer class or a full-year all-star program.



CROSSOVERS

Crossovers are athletes that participate on more than one all star team. *If you are interested in becoming a crossover, please indicate so on your registration forms, and you will be considered when we place our teams. *Crossovers are charged \$25/month per crossover team plus additional competition fees incurred by their additional teams.

ATTENDANCE

EACH ATHLETE RECEIVES 15 POINTS PER TEAM
FOR THE 2022-2023 SEASON

(points system time frame: September 1st- April 30th)

Points will be deducted on the following scale:

Documented school event affecting grade -1
point

Illness/injury with a doctor's note -1 point

Illness/injury without a doctor's note -2 points

Late arrival/Early departure (20 mins or more)
-2 points

Vacations with prior written notice -3 points

No call/no show -5 points

Practices 2 weeks prior to comp (Any reason)
-10 points

Missing a competition: REMOVAL

Any point above the 15 points given to each
athlete will result in a charge of \$10 PER POINT

FEE automatically added to the members
account and charged to the card on file. This
amount will be used to pay for the additional
practices and reworking required to make up
for the absences or will fund a guest coach or
workshop to benefit the entire team. We expect
athletes to attend practice if just not feeling well
or injured, provided they do not have active
diarrhea, vomiting, or fever. Points will not be
deducted if an athlete can participate in a
modified practice due to illness or injury. In
addition, after the 15 points are exhausted, any
missed practices will cause the athlete to be
removed from vital sections of the routine.
Simply put, if a team cannot depend on an
athlete, that athlete cannot hold important
roles on the team. Continual missed
practices/team activities will result in athletes
being removed from the program without a
refund.

VACATION DATES

Cal-Star will be closed for team practices and
classes on the following days:

Labor Day Weekend – September 3-5, 2022

Halloween – October 31, 2022

Thanksgiving Break – November 23-27, 2022

Christmas Break – Dec 19, 2022-January 1,
2023 Easter Sunday – April 9, 2023

IMPORTANT EVENTS

Choreography Month: September and
October we focus on choreography. It's
extremely important your child attends all
practices.

Nov/Dec.: Choreography clean-up

Competition Schedule will be released in
August if not earlier.

*Attending all four competitions are
MANDATORY to be on a Level 1 team



COMPETITIONS

Excel/School Year Team :
Local events are within driving distance &
Northern California

Level 1: (4) Local Events

*All competitions are required.

- Level 1 competes only 1 day events
- Expect admission fees for spectators at venue
- Competition time is not released until sometimes as late as the week prior to the event (we will always provide competition times as early as possible)
- Athletes arrive up to 2 hours before their competition
- Some may choose to stay overnight if competing early morning session
- Chaperones are not available for travel to competitions at this level of cheer.

MORE ABOUT COMPS

Competitions/events are the first priority of the athletes on Cal-Star Teams

Please prepare to attend competitions early and to support your athlete and his or her team.

Prepare to pack and bring a healthy snack or lunch with your child to competition.

Your athlete is expected to remain with their team and coach from the start to the finish of the competition.

Athletes go to the restrooms in pairs with a team-mate as the venues can be quite large.

We encourage you to stay and support other Cal-Star teams on competition day.



OTHER EVENTS

Our Awards Ceremony will take place at the Cal-Star training facility as our final performance. This gives everyone an opportunity to invite family & friends to watch your child perform who may not otherwise be able to go to other competitions.

This is a FREE event. We celebrate your child's accomplishments with an individual award and unique high-lights from their comp season.



ATHLETE EXPECTATIONS

- By initialing each item you understand and agree to honor each policy to represent the Cal-Star All-Star Cheer program.

_____ I have read the registration packet and understand the commitment I am making to the Cal-Star Cheer All-Star Level 1 Team program, staff and other team members.

_____ I will participate for the entire season, and not quit mid-season and hurt my teammates by doing so.

_____ I will maintain a positive attitude and work ethic and will follow all coaches' instructions. Be coachable!

_____ I will be at practice, be on time, and give 100% when I'm there.

_____ I agree that if I participate in activities other than Cal-Star cheer, my all-star team comes first.

_____ I will refrain from being negative about the program, coaches, and team members in person and in public forums, such as message boards, Instagram, Snapchat, Facebook, and any other forms of social media.

_____ I will refrain from posting anything inappropriate while in uniform, at competitions, or at any time that I could be connected to the Cal-Star cheer program.

_____ I understand that I am required to stay and cheer for all other Cal-Star cheer teams. I understand that profanity, inappropriate behavior, bullying or negative discussion are not tolerated and are cause for removal from the team and/or program.

_____ I will accept coach decisions regarding team placement, stunt position and choreography, and will put the good of the team ahead of myself.

_____ I understand that I may not be allowed to compete if I miss a practice two weeks prior to a competition.

Athlete's Name: _____ Date: _____

Athlete's Signature: _____





PARENT EXPECTATIONS

We have read the registration packet and understand the commitment we are making to the Cal-Star cheer program, staff and other team members.

I understand the following:

Payment is due on the 1st of each month by automatic withdrawal from a VISA/MC. We will notify you by email if there's a billing issue only once. There is a \$25 service fee following each month after that there is no valid card on file OR if card comes back declined or expired. A letter is sent once notifying the email we have on file to update your billing information. Cal-Star does not send regular statements but we do email monthly receipts when we run auto-payments.

Parents have 24/7 access to account information and balance on Cal-Star's parent portal. It is the responsibility of the parent or other adult signing the contract to meet all financial requirements. In the event that you wish to split your fees between co-parents, BOTH parents must sign a contract and a meeting will be required to set up a fee schedule. If payment has not posted by the 10th of the month, a \$25 late fee will be assessed, and the athlete will be removed from practice until payment is made.

Accounts that reach 30 days past due will cause athlete to be removed from the team, and all balances due until paid in full. Delinquent accounts past 90 days will be sent to an outside collection agency for enforcement.

This is a contract for the 2022-2023 season (Aug-April.) Families have 30 days from the date the contract is signed before it becomes binding. Contracts canceled within the 30-day window will be refunded minus the registration fee (and any fees that may have been paid on your athlete's behalf.) If, for any reason, a contract is broken after the 30-day window, the member must continue to pay off the contract OR pay a 1-time termination fee of \$300.

****There are no refunds if you leave our program.** We do this to cover the expense of finding someone to fulfill your responsibility to your team or modify choreography which most of the time requires additional practices for the team.

Practices are not closed to spectators but we highly recommend from experience that you observe for the last 10 minutes of practice.

Parents and non-participating children are not allowed on any gym equipment or performing surfaces.

Transportation and accommodations while traveling to competitions are not included, and are the responsibility of the parents.

Issues, concerns or complaints should be directed to the coach or program owner. Issues should be discussed with coaches in private, and parents should always show respect for staff in front of athletes.



PARENT EXPECTATIONS CONTINUED

It is the parent's responsibility to read all announcements, flyers, emails and informational materials to stay up to date on gym events and news.

Cal-Star reserves the right to move athletes within a routine or between teams at our sole discretion. Teams may be split or combined at any time if it will benefit the overall program. Athletes do not own, nor are they entitled to any "spot" or position in the routine, and will likely be moved around the routine many times during a season. Our coaches and staff will make changes based on their expertise, scoring system, judges' feedback and overall team needs. Parents are not coaches and will have no grounds to question placement in a routine – these decisions are made with the best interest of the program in mind, please trust our staff.

Athletes may be removed from routines or from the program for failure to follow attendance policy, behavior policy or payment policies. Parents are expected to support the gym when they discipline athletes for these failures to follow rules. Competitions are ALL DAY EVENTS.

Cal-Star requires athletes to stay and support the other teams during their performances, and athletes must be present at their award ceremonies. Please do not plan anything else on a competition day and do not encourage your athletes to break the rules and leave early.

Parents are expected to ensure that their athletes are in the correct attire, hair and make-up during events. If an athlete breaks these rules, parents are expected to support the gym when they discipline athletes with consequences.

By signing I agree to uphold the policies stated in this contract.

Parent/s Name Printed

Parent/s Signature

Date