CAL-STAR GYMNASTICS, LTD FIELD TRIP RELEASE FORM

Child's Name:_____ Age:_____Registration Date:_____

I, _____ understand no adult/s is allowed on the equipment at any time before, during or after my child's field trip. (Parent/legal guardian signature)

Notice of Risk/ Acknowledgement of Possibility of Injury

We, the staff of, owners and representatives of Cal-Star Gymnastics recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sport of gymnastics, tumbling and cheerleading. Students may suffer injuries, possibly minor, serious or catastrophic in nature. **Gymnastics, Tumbling and Cheerleading can be dangerous and lead to injury!** Parents should make their children aware of possibility of injury and encourage their children to follow all the safety rules and coaches instructions. Cal-Star, its coaches and other staff members will not accept responsibility for injuries sustained by any student during the course of gymnastics, tumbling, cheerleading instruction, Power Play or open workouts or in the course of any exhibition, competition or clinic in which he or she may participate or while traveling to or from the event. By signing this form, I acknowledge these risks of injury, and I agree that Cal-Star Gymnastics, its staff, owner and representatives will not be responsible for any such injuries.

Release and Waiver of Liability

With the above in mind, and being fully aware of risks and possibility of injury involved, I consent to have my child or children participate in the programs offered by Cal-Star Gymnastics. I, my executors or other representatives, waive and release all rights and claims for injuries or damages that I or my child may have against Cal-Star and/or its staff, owners or representatives whether paid or volunteer. I also affirm that I now have and will continue to provide proper hospitalization, health and accident insurance coverage, which I consider adequate for both my child's protection and my own protection. I have read and also understand Cal-Star's registration information and policies. I also understand its the parents' responsibility to warn the child about dangers of gymnastics and injury. The parent should warn the child according to what the parents' feel is appropriate. Cal-Star will only warn the child through "safety messages" and our teaching style and progressions.

Medical Emergencies- Permission to Treat

I fully understand that Cal-Star Gymnastics staff, owners, representatives are not physicians or medical practitioners of any kind. with the above in mind, I hereby grant consent and permission to Cal-Star Gymnastics owners, staff and representatives to render temporary first aid to my child or children in the event of any injury or illness, and if deemed necessary by the Cal-Star staff to call and seek medical help, including transportation by a Cal-Star staff member and or its representatives, whether paid or volunteer, to any health care facility or hospital, or the calling of an ambulance for said child should the Cal-Star staff deem this to be necessary.

By signing below I acknowledge I have read the above and agree to all of these terms.

Participants Name | Print Parent/Legal Guardian Name | Parent/ Legal Guardian Signature

_____ _____ _____

Home/Cell Phone | Email

_____ _____

Additional emergency contact name | Phone number

_____ _____